

DRIVING HOME FOR CHRISTMAS?

Skip the soggy service-station sandwiches – the authors of new book *The Extra Mile: Delicious Alternatives To Motorway Services* share the farm shops and artisan producers that will bring joy to your journey...

DODDINGTON MILK BAR

Where? 15 minutes off the A1, Bellshill junction

Why stop? Two reasons: ice cream and milkshakes. This diner also has a bijou fromagerie, where local Doddington cheese adorns the lunchtime rarebits.

What to order? Try the lemon meringue ice cream either in a cone, travel-friendly tub or blitzed into the best milkshake of your life. doddingtonmilkbar.co.uk

OVER FARM MARKET

Where? 12 minutes off the M5, J11A

Why stop? Animal lovers won't be able to resist feeding the farm's donkeys and Gloucestershire Old Spot pigs. Watch out for chickens and ostriches, too, not to mention their freshly laid eggs in the deli.

What to order? Warm-from-the-oven baguettes and reassuringly rich pork pies at the bakery. The coffee also packs a punch, making it the perfect partner for the chocolate tiffin.

overfarm.co.uk

WOODS CAFÉ

Where? Four minutes off the A38, Bodmin Bypass junction

Why stop? This stone cottage with open fires is set deep in 650 acres of Cardinham Woods, a warren of pretty walking trails. It's a foodie's delight with organic, local ingredients crafted into inventive dishes and served on vintage crockery.

What to order? Leek fritters with herby yoghurt dip or sausage rolls with onion marmalade. Cakes are baked daily: try Lara's lemon berry drizzle dolloped with clotted cream.

woodscafecornwall.co.uk



TEBAY SERVICES

Where? Directly off the M6, J38

Why stop? In December, Tebay becomes a one-stop Christmas shop. Pick up a herb-fed turkey and the tastiest pigs in blankets.

What to order? The homemade Cumberland sausage rolls.

tebayservices.com

THE OLD BRIDGE

Where? Directly off the A14, Huntingdon junction

Why stop? This ivy-clad house boasts a specialist wine shop.

What to order? Grilled prawns with samphire and garlic butter. Scones come out at 2.30pm.

huntsbridge.com

POP ON A PODCAST

◆ **Short hop: The Daily**
New York Times journalist Michael Barbaro picks over the day's biggest story. The episode about climate change (30 March 2017) is a must-listen. **20 mins**, nytimes.com/podcasts/the-daily

◆ **Medium haul: Invisibilia**
The fascinating two-parter Emotions explores how our feelings are created. **93 mins**, npr.org/invisibilia

◆ **Epic journey: S-Town**
Mysterious and utterly mesmerising, this podcast tells the story of John B McLeMore, who suspects murder has been committed. **6.5 hours**, stowncast.org

MUSIC

Switch off Jingle Bells and stream these instead

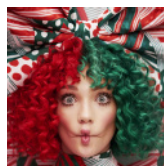
EVERYDAY IS CHRISTMAS BY SIA

The Australian lends her prolific songwriting talent to Christmas with 10 new festive songs.

For people who... love Sia and relish multiple references to sleigh bells, mistletoe and Santa.

Listen to it when... you're shloshed on mulled wine.

Don't listen to it when... Grandma wants traditional Christmas carols.



FINALLY IT'S CHRISTMAS BY HANSON

A Christmas album from the Nineties pop trio, with four new tracks and eight updated classics.

For people who... wish it was still 1997.

Listen to it when... you're with your younger relatives.

Don't listen to it when... you've already overdone on cheese.



YOU MAKE IT FEEL LIKE CHRISTMAS BY GWEN STEFANI

Six original songs, plus a cover of Wham!'s *Last Christmas*.

For people who... like a bit of country in their Christmas.

Listen to it when... you're wrapping presents.

Don't listen to it when... any George Michael fans are over.

